

Suggested donation of \$3.

Order/cancel 24 hours in advance.

August 2023 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>\$3.00 Suggested Donation Please call our Dining room 24 hours in advance</p>	<p>1 Greek salad Pepper steak /Mashed potato Zucchini & carrots w/tomato Sliced bread /Fruit</p> <p>Chicken salad sandwich</p>	<p>2 Yogurt Scrambled eggs Home fries Fresh fruit Muffin</p> <p>Chef salad</p>	<p>3 Minestrone soup Salisbury steak w/ gravy Sweet potato /Mix veg. Roll Cake</p> <p>Ham & cheese on rye</p>	<p>4 Tomato soup Breaded chicken thighs w/ gravy Rice pilaf / Spanish corn Fruit Roll</p> <p>Spinach salad w/ chicken</p>
<p>7 Cream of mushroom soup Sloppy joe Cole slaw / Pasta salad Pudding Roll</p> <p>Ham & cheese club</p>	<p>8 Greek cucumber salad Beef tips w/ gravy Roasted sweet pot. Green beans / Fruit Sliced multi grain bread</p> <p>Italian grinder</p>	<p>9 Roasted chic pea salad Chicken Parm/Roasted Pot. Green beans w/ carrots Roll Oatmeal raisin cookie</p> <p>Turkey & cheese</p>	<p>10 Minestrone soup Pork roast w/ gravy Broccoli & cauliflower Orzo salad / Roll Cake</p> <p>Chicken salad plate</p>	<p>11 Chicken soup Sausage & pepper sandwich Green bean salad Roasted sweet potato salad Ww roll / Jello</p> <p>Egg salad sandwich</p>
<p>14 Closed</p>	<p>15 Mediterranean rice salad Baked rigatoni w/mini meatballs / Green beans Roll Fruit salad</p> <p>Turkey & swiss on rye</p>	<p>16 Chicken soup Meatball & pepper sandwich / Roasted potato Cucumber cranberry apple salad / Roll - cookie</p> <p>Tuna salad plate</p>	<p>17 Cream of broccoli soup Meatloaf w/gravy Mashed pot. /Peas & carrot Roll – Fruit</p> <p>Cobb salad</p>	<p>18 Tossed salad Pub burger w/cheese Cole slaw/ Ww roll Chips / Cake</p> <p>Grinder</p>
<p>21 Tomato soup Chicken cacciatore Roasted veg. w/ potato Garlic bread Cake</p> <p>Cobb salad</p>	<p>22 Lentil & bean soup Smothered pork chop w/ apples & peppers Parsley potatoes- Fruit Zucchini w/plum tomato - roll</p> <p>Egg salad on multi grain roll</p>	<p>23 Navy bean soup Sausage & meatball Sandwich / Vegetable salad Roll Jello</p> <p>Roast beef sandwich</p>	<p>24 Minestrone Soup Chicken marsala Roasted broccoli & cauliflower / Rice pilaf Cookie</p> <p>Chicken salad sandwich</p>	<p>25 Kale & bean soup Shepards pie Mashed potato Ww roll Fruit</p> <p>BLT on wheat</p>
<p>28 Tomato soup Lemon chicken Rice pilaf / Sliced carrots Whole Wheat roll - cookie</p> <p>Turkey & Swiss/whole wheat</p>	<p>29 Escarole / bean & sausage soup / Tossed salad Stuffed shell w/ meatball Garlic bread Fruit</p> <p>Spinach salad w/ chicken</p>	<p>30 Minestrone soup Sweet & sour pork Vegetable fried rice Garlic green beans Cookie</p> <p>Ham salad on rye</p>	<p>31 Barley soup Pot Roast Mashed Potato Baby carrots Fruit</p> <p>Tuna salad plate</p>	<div style="border: 1px solid black; padding: 5px;"> <p>SERVING SIZES Grains – 2 ounces Vegetables – ½ cup Fruits – ½ cup Protein – 3 ounces Dairy – 1 cup</p> </div>